



Employee Protocol – COVID-19

Self-Screening Questions and Symptoms

This checklist is not intended to take the place of medical advice, diagnosis or treatment.

Are you experiencing symptoms of COVID-19?

- Fever of 100.4 °F or greater
- New or worsening cough in the last 48 hours
- Shortness of breath that started in the last 48 hours
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Body aches
- New onset of loss of taste or smell

Have you had close contact? Close contact is defined as:

- Living or caring for person who tested positive for COVID-19
- Being coughed or sneezed on by a person who has COVID-19
- Shaking hands with a person who has COVID-19
- Being <6 feet away for ≥ 15 minutes in the last 14 days from a:
 - Symptomatic person who tested positive or is presumed positive for COVID-19—and you had contact with them during the time period starting 2 days before the onset of their symptoms until they met criteria for discontinuing home isolation.
 - Asymptomatic person who tested positive for COVID-19—and you had contact with them starting 2 days before the date of specimen collection until 10 days after the date of their specimen collection.

Have you been directed or told by the local health dept. or your healthcare provider to self-isolate or self-quarantine?

If your answer to any of questions above is YES:

Stay home and contact your supervisor. Employee should not go to work or other public places. Employees with COVID related symptoms are encouraged to get tested. Pending Results – Stay at home in isolation until results are received:

- POSITIVE TEST RESULT – Stay at home in isolation. Employee may return to work after at least 24 hours of no fever without the use of fever reducing medications (i.e. Tylenol®, Motrin®, etc.) AND symptoms have significantly improved AND it has been at least ten days from the initial start of symptoms.
- NEGATIVE TEST RESULT -Employees who don't feel well should stay home and work with their primary health care provider. Employees may return to work when symptoms have significantly improved.
- NOT TESTED – Employees may return to campus when they have been symptom free for 72 hours.
However, if you are ordered to self-isolate or quarantine you must use the same criteria for return to work as someone with a positive test result whether you were tested or not.

[CDC - When You Can be Around Others After You Had or Likely Had COVID-19](#)

If your answer to all of questions above is NO:

You are cleared to work on campus