

Intramural Flag Football

Five-Player Teams sign up now

Don't have enough for a team... Individuals are welcomed as well

All players must buy and wear their own mouth guards



ALL PLAYERS MUST BE CURRENT NMC STUDENTS

Season Starts Monday, September 16th for 5 weeks
followed by a playoff week.

Two games will be played per week Monday – Thursday

At 3:10, 4:10, 5:10 or 6:10 pm

Mandatory Captains' meeting and Sign-up Deadline

Thursday, September 12th at 3 pm held in the PE Lobby.

For more information or questions please call Steven Dixon at 995-1379

Intramural Flag Football

Team name: _____

Captains Name: _____

Assistant Captain: _____

Phone: _____

Phone: _____

You must CIRCLE at least SIX different times your team prefers to play.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
3:10	3:10	3:10	3:10
4:10	4:10	4:10	4:10
5:10	5:10	5:10	5:10
6:10	6:10	6:10	6:10

<u>Players Names</u>	<u>Phone Numbers</u>	<u>NMC Student I.D.</u>
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

Please turn in rosters to Steven Dixon at the Fitness Center which is located inside the new North Hall Dorm, or bring them to the mandatory captains meeting.

Sponsored by NMC Student Life/Student Activities and NMC
Sports and Recreation